

Integrative Rheumatology presents...

# FIBROMYALGIA

Thank you for trusting Integrative Rheumatology with your care! It is our commitment to continually provide the best available therapeutic options for our patients, so we are excited to announce our new integrative program for patients with fibromyalgia.

All new and existing patients with fibromyalgia will be **exclusively** managed through our new **MY FIBROMYALGIA** program. This program uses an integrative team approach to address symptoms such as chronic fatigue, brain fog, chronic pain, and stress. During this program, participants will have visits with our rheumatologist, physician extender, and health educator to explore proven strategies for managing fibromyalgia that extend beyond standard prescription medications. Patients enter **MY FIBROMYALGIA** program through **BOOT CAMP**: a (6)- session intensive course that empowers patients through education and clinically proven strategies for managing their most debilitating symptoms of chronic pain, fatigue, and brain fog. Patients will complete Boot Camp with a personalized care plan to guide further therapy.

To ensure full access to the program features, enrollment in the program requires a self-pay commitment with the option to use insurance for provider visits only. Participants may select either the **DIAMOND CONCIERGE** plan or the **PLATINUM CONCIERGE** plan. Please see the plan details below.

	<i>Diamond</i>	<i>Platinum</i>
<b>\$50</b> Enrollment Fee	<b>Concierge Plan</b>	<b>Concierge Plan</b>
	<i>Includes...</i> Complete program materials Discounted specialty workshops	<i>Includes...</i> <b>** Scheduled provider visits</b> Complete program materials Discounted specialty workshops
<i>*non-refundable*</i>	<b>\$299</b>	<b>\$599</b>

**\*\* Provider visits are for management of fibromyalgia only.**

*Discussion or treatment for any other conditions will result in self-pay or insurance charges.*

To enroll in the **MY FIBROMYALGIA** program, eligible patients should submit their application form and enrollment fee. A welcome packet will be provided for each new member and after completing the initial questionnaires, an initial visit will be scheduled. New patients must have a confirmed diagnosis from our rheumatologist to be eligible for this program. **Existing patients may call to enroll immediately or at the time of their next visit. Patients with fibromyalgia who do not wish to participate in this program will be referred back to their primary care doctor for further management of fibromyalgia.** Medications prescribed for fibromyalgia will only be supplied for thirty (30) days following their next visit.

We are confident that this integrative approach to the management of fibromyalgia will significantly benefit our patients and are looking forward to the start of this program. Feel free to contact us with questions about the program via email or phone.

**Integrative Rheumatology**

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[www.InRheum.org/myfibro](http://www.InRheum.org/myfibro) ♦ [myfibro@inrheum.org](mailto:myfibro@inrheum.org)

